

CONTENT OF THE SUBJECT

Subject:	1. PK/PTR-GM/09 Psychotherapy		
Study	<i>General Medicine</i>	Study Period:	<i>Winter time</i>
Evaluation:	<i>exam</i>	Subject Type:	compulsory elective course
Content:	<i>1 h practical exercises / week</i>		<i>Total 14 hours</i>

Department: **I. psychiatrická klinika UPJŠ FM**

Week	Exercise / Seminars
1.	Abnormal psychology and psychotherapy
2.	Psychotherapeutic methods - relaxation
3.	Indications for psychotherapy
4.	Psychotherapy for anxiety disorders
5.	Psychodynamic psychotherapy
6.	Psychotherapy for psychosis
7.	Cognitive-behavioral psychotherapy
8.	Case analysis before psychotherapy
9.	Humanistic approach
10.	Methods of relaxation and hypnosis
11.	Group and individual psychotherapy
12.	Systematic desensitization
13	Methods of psychotherapy
14.	Self experience