

CONTENT OF THE SUBJECT

Subject:	Preventive Medicine		
Study	<i>Dental Medicine</i>	Study Period:	<i>Summer time</i>
Evaluation:	<i>graduated</i>	Subject Type:	<i>Compulsory</i>
Content:	<i>1 h lectures and 1 h practical exercises / week</i>		<i>Total 28 hours</i>

Department: **1st Department of Internal Medicine UPJŠ FM**

Week	Lectures https://portal.lf.upjs.sk/index-en.php	Seminars
1.	Preventive medicine, definition, organization, education, public health	Discussion of different models of health care, insurance, public health, funding
2.	Physical exercise – how much is too much	Smoking, laws, regulations, advertisement
3.	Prevention of obesity, nutrition	Echocardiography, preventive examination
4.	Preventive cardiology	Prescription of physical exercise in civilization diseases, body fat measurement/BMI/WHR
5.	Metabolic syndrome as a cardiovascular risk factor	Discussion of tropical diseases, management, epidemiology. Antibiotics, prescription, statistics, future outlook
6.	Cancer – epidemiology, statistics, prevention	Alcohol, recreational drugs
7.	Prevention of Internal diseases from the perspective of patients with dental diseases	Basic tests of physical fitness