

<b>General Information</b>			
<b>Course name</b>	Clinical Psychology	<b>ECTS Credits</b>	<b>6</b>
		<b>Semester</b>	<b>winter</b>
<b>Aims</b>			
<p>The general goal of this course is application of theoretical knowledge into the practice of clinical psychology, understanding of basic features of specific groups of mental health changes. Course brings orientation in psychodiagnostic and psychotherapeutic methods. Main aim is ability to analyse the individual case.</p>			
<b>Contents</b>			
<p><b>Brief outline of the course:</b>  Clinical psychology  1. Basic psychological concepts of mental health changes: psychoanalytic and psychodynamic approach, behavioristic perspectives, cognitive approach, humanistic view. Factors influencing mental health.  2. Systems of classification: DSM V, ICD – 10, similarities and differences, description of basic categories of mental disorders  3. Specific issues in clinical psychology: anxiety disorders, schizophrenia, mood disorders, sexual disorders, personality disorders, eating disorders, developmental disorders, neurological disorders, addictions.  4. Psychological examination: general aspects of psychological report writing, diagnostic methods in clinical psychology (clinical and testing methods). Assessment interview (general and specific considerations, procedure in clinical interview). Clinical evaluation of intellectual function, personality assessment (inventories and projective methods in clinical practice), neuropsychological assessment.  5. Basics in psychotherapy – review of basic approaches, their principles and psychotherapeutic modalities. Psychodynamic perspective, cognitive-behavioral approach. Individual, group and family psychotherapy, therapeutic community. Principles of crisis intervention. Supportive psychotherapy.</p>			
<b>Evaluation</b>			
<p>Conditions for seminar completion:  The aim of seminars is to provide insight into psychopathological manifestations of different types of mental health problems. Seminars will be realized at the Psychiatric department, therefore the student may have the practical contact with hospitalized patients. He/she may practice interview, to discuss the choice of psychodiagnostic methods for specific types of clinical situations, as well as possible psychotherapeutic interventions. During the seminars the student has to prepare a seminar work on the assigned topic.  Maximum points 40.  Final exam (60 points)  Requirements:  Theoretical knowledge (basic literature, lectures) - test  Case study analysis – oral discussion  Final evaluation (sum of all points):  For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less</p>			

## Bibliography

### Basic literature:

Bennet P.: Abnormal and clinical psychology, 3rd.ed., Open University Press, 2011, ISBN-13: 978-0-33-523746-3

Kring AM., Johnson, S.L. (2018). Abnormal Psychology: The Science and Treatment of Psychological Disorders, 14th Edition. Additional reading:

Weiner, I.B., Greene, R.L.: Handbook of personality assessment, Wiley, 2007, ISBN: 0-471-69232-8

Malocco, D.: Psychotherapy: Approaches and theories ISBN-13: 978-1505421750

Meyer, R.G.: The clinician's handbook. The psychopathology of adulthood and adolescence, Allyn and Bacon, 1989, ISBN: 0-205-11922-0

ICD -10, WHO, Geneva, ISBN 978 92 4 154834 2 1

Kohut, H.: The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders (1971). International University Press, New York, ISBN 0-8236-8002-9.

Gunderson, J.: Borderline personality disorder, APA Publishing, ISBN 978-

0880480208 Alexander F.: Psychosomatic Medicine: Its Principles and Applications. 2nd. ed., New York; London: Norton, 1987 ISBN 0-393-70036-4

