



UNISTEPS 2026

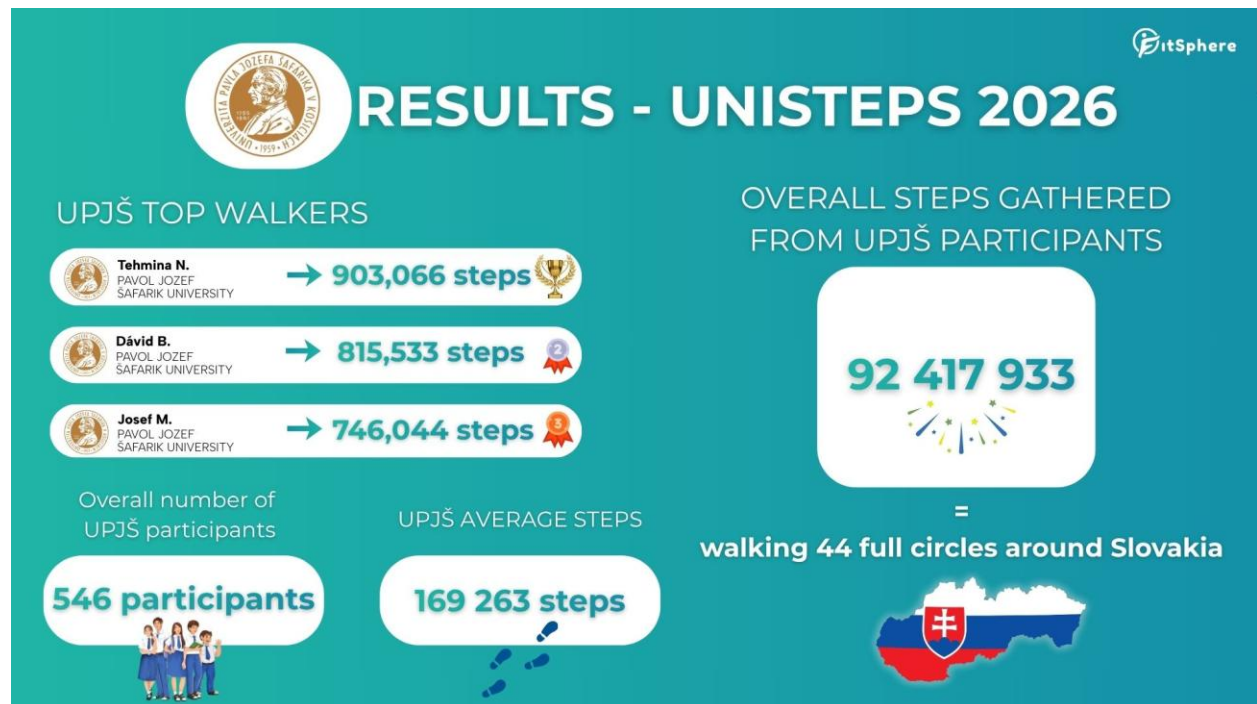
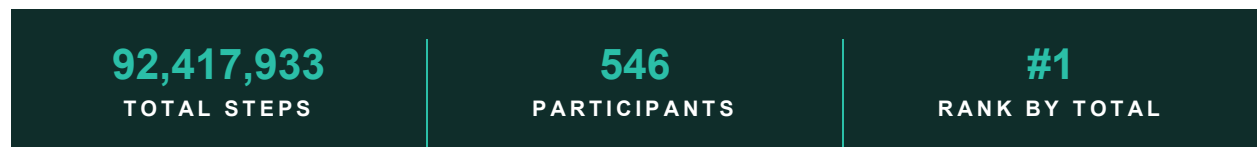
European Universities Walking Challenge

Final Results Report - Pavol Jozef Šafárik University in Košice

Dear UPJŠ community,

On behalf of the Fitsphere team and every university that took part in UNISTEPS 2026, we want to extend our warmest congratulations to Pavol Jozef Šafárik University in Košice. Your community didn't just show up, you showed Europe what a campus can do when it moves together.

This report is our thank-you. The numbers inside belong to your students, faculty and staff - every step earned, kilometer after kilometer, across the month of April.



YOUR CHALLENGE AT A GLANCE

UPJŠ entered UNISTEPS 2026 with the largest delegation of any participating university in Europe and finished the month at the top of the total-steps leaderboard. Here is how that effort translated across the wider challenge.

Metric	UPJŠ result	Across all universities
Total steps	92,417,933	349,515,206
Share of all steps	26.4%	100%
Participants	546	1,978
Average steps per member	169,263	175,413
Rank - total steps	#1 of 24	-
Rank - average steps	#11	-

To put that 92.4 million figure in perspective: UPJŠ alone accounted for more than one in every four steps logged across the entire European challenge.

THE NUMBER WE WANT YOU TO REMEMBER

COMBINED STEPS - ALL PARTICIPATING UNIVERSITIES

349,515,206

Three hundred and forty-nine million steps. Walked, jogged and climbed by students and staff across the continent in a single month. UPJŠ contributed more than a quarter of that total, which is a remarkable result for any single institution.

YOUR TOP 10 WALKERS

These ten members of the UPJŠ community each logged more than 600,000 steps during the challenge - every one of them well past the 150,000-step personal goal.

#	Name	Steps
1	Tehmina Nasir	903,066
2	Dávid Brezovický	815,533
3	Josef Mitáš	746,044
4	Jana Arda	706,898
5	Katarína G.	693,495

#	Name	Steps
6	Kristína Kundrová	647,957
7	Alireza Hashemian	632,915
8	Samuel Sočuvka	629,748
9	Júlia Čurillová	626,375
10	Vladimír Lichner	617,940

UNISTEPS 2026 - FINAL WINNERS

Across the full European field, the following awards were announced at the close of the challenge:

MOST ACTIVE UNIVERSITY - BY AVERAGE STEPS

Riga Technical University (Latvia)

UNIVERSITY WITH THE MOST PARTICIPANTS

Pavol Jozef Šafárik University (Slovakia)

MOST ACTIVE STUDENT - BY TOTAL STEPS

Erdem D. Riga Technical University

LUCKY WALKER DRAW WINNER

Igor C.

LUCKY UNIVERSITY DRAW WINNER

ECIU University - Linköping University (Sweden)

THANK YOU

To every UPJŠ student, lecturer and staff member who laced up their shoes, took the stairs, walked across campus or simply chose the longer way home, thank you. Challenges like UNISTEPS only work because of you.

Many congratulations to all the winners. We will be in touch with the prize recipients very soon, and we hope to see Pavol Jozef Šafárik University back on the start line for the next edition.

Warm regards,

The Fitsphere & UNISTEPS team