

CONTENT OF THE SUBJECT

Subject:	Nursing Care 1		
Study	<i>General Medicine</i>	Study Period:	<i>Winter time</i>
Evaluation:	<i>graduated</i>	Subject Type:	<i>Compulsory</i>
Content:	<i>1 h. lectures and 2h. practical exercises / week</i>		<i>Total 14/28hours</i>

Department: Department of Nursing Care, **UPJŠ FM**

Week	Lectures https://portal.lf.upjs.sk/index-en.php	Seminars
1.	Introduction of nursing care.	Introduction to nursing care.
2.	Ward unit. Admission, transfer and discharges of patients.	Types of the ward unit. Admitting a patient to a health-care agency, transferring a patient and discharging a patient from a health-care agency.
3.	Infection control – Infectious process. Hospital acquired infection – Nosocomial infection.	Sterilisation and disinfection, excursion in central the sterile supplied department. (excursion in the hospital).
4.	Disinfection, Sterilization – Methods of disinfection and sterilization.	Making an occupied and unoccupied bed - purposes, assessment, planning, settings goals, preparation of equipment, technique.
5.	Management of patient's mobility – patients position, positioning the patient, fall prevention	Positioning the bed – patients, purposes, assessment, planning, settings goals, preparation of equipment, technique.
6.	Management of patient's mobility – mobility, immobility, prevention of immobility	Applying binders and bandages - purposes, assessment, planning, settings goals, preparation of equipment, technique in general.
7.	Patient observation and monitoring. Diagnostic Testing.	Applying the triangle scarves - patients, purposes, assessment, planning, settings goals, preparation of equipment, technique.
8.	Wound care.	Applying roller bandages for the upper extremity - patients, purposes, assessment, planning, settings goals, preparation of equipment.
9.	Chronic wounds – pressure ulcer – prevention and care.	Applying roller bandages for the lower extremity - patients, purposes, assessment, planning, settings goals, preparation of equipment.
10.	Fundamentals of nutritional support.	Applying roller bandages for the trunk - patients, purposes, assessment, planning,

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		settings goals, and preparation of equipment.
11.	Perioperative care.	Applying roller bandages for the abdominal area - patients, purposes, assessment, planning, settings goals, preparation of equipment.
12.	Health Care System in Slovakia.	Applying roller bandages for the head and neck - patients, purposes, assessment, planning, settings goals, preparation of equipment.
13	Health Care professional. Education of health care professionals in Slovakia.	Written/online exam – credit test.
14.	Revue of Nursing care lecture and practice.	Applying roller bandages - the clinical training, practical examination.