

## Traineeship

| <b>A. Basic rates of individual support for students for a <u>long-term mobility and top-ups</u>:</b>   |                                     |                     |
|---|-------------------------------------|---------------------|
| <b>Target country</b>   | <b>Grant/month - study mobility</b> |                     |
| Denmark, Finland, Ireland, Iceland, Lichtenstein, Luxemburg, Norway, Sweden, Belgium, Cyprus, France, Greece, Netherlands, Malta, Germany, Portugal, Austria, Spain, Italy  | <b>670</b>                          |                     |
| Bulgaria, Croatia, Czech Republic, Estonia, Lithuania, Latvia, Hungary, Slovenia, Poland, Romania, the Republic of North Macedonia, Serbia, Turkey  | <b>620</b>                          |                     |
| The mobility participants with fewer opportunities are entitled to a top-up amount of <b>€ 250 / month</b> above the basic grant.   |                                     |                     |
| Students can opt for green travel. In this case, they will receive a single contribution of <b>EUR 50</b> as a top-up to the individual support and, if necessary, a maximum of 4 days of additional individual support to cover travel days for a return trip. |                                     |                     |
| <b>B. Basic rates of individual support for students for a short-term mobility and top-ups:</b>   |                                     |                     |
| <b>Participants of short-term mobilities (5-30 days) are entitled to individual support for physical mobilities, including travel days, regardless of the target country:</b>   |                                     |                     |
| <b>Target country</b>   | Day 1-14                            | Day 15-30           |
|   | Grant/day                           | Grant/day           |
| <b>All programme countries</b>  | <b>70</b>                           | <b>50</b>           |
| Mobility participants with fewer opportunities <b>are entitled</b> to a top-up amount of € 100 above the basic rate for a physical mobility lasting 5-14 days and of € 150 for a physical mobility lasting 15-30 days.  |                                     |                     |
| Support for travel costs <b>is granted</b> to participants with fewer opportunities. <b>The travel grant is covered by a special range of fixed amounts according to the distance bands valid for the whole program:</b>  |                                     |                     |
| <b>Distance band</b>  | <b>Standard travel</b>              | <b>Green travel</b> |
| From 10 to 99 km:   | 23 EUR/participant                  |                     |
| From 100 to 499 km  | 180 EUR/participant                 | 210 EUR/participant |
| From 500 to 1 999 km:   | 275 EUR/participant                 | 320 EUR/participant |
| From 2 000 to 2 999 km:   | 360 EUR/participant                 | 410 EUR/participant |
| From 3 000 to 3 999 km:   | 530 EUR/participant                 | 610 EUR/participant |
| Od 4 000 to 7 999 km:   | 820 EUR/participant                 |                     |
| 8 000 km or more:   | 1 500 EUR/participant               |                     |

## **Student mobilities to the United Kingdom**

### **Traineeship**

- available only for **long-term mobilities**
- period of implementation: **until 31.5.2023**
- financial support: **720 eur/month**