

Subject: Preventive Medicine
Study Year: 4th year
Study Programme: Dental Medicine
Term: Summer term
Academic Year: 2023/2024

<i>Date</i>	<i>Lectures – Friday /OW/ 11.30 – 13.00 PB</i>	<i>Plan of practices in preventive medicine</i>
16.02.2024	Preventive medicine, definition, organization, education, public health <i>Doc.MUDr. Viola, Vargová, PhD.</i>	Discussion of different models of health care, insurance, public health, funding
01.03.2024	Physical exercise – how much is too much <i>MUDr. Peter Horváth</i>	Smoking, laws, regulations, advertisement
15.03.2024	Prevention of obesity, nutrition <i>MUDr. Majerčák Ivan</i>	Echocardiography, preventive examination
12.04.2024	Preventive cardiology <i>Prof. MUDr. Daniel Pella, PhD./ doc.MUDr. Š. Tóth, PhD.</i>	Prescription of physical exercise in civilization diseases, body fat measurement/BMI/WHR
26.04.2024	Metabolic syndrome as a cardiovascular risk factor <i>Doc.MUDr. Š. Tóth, PhD.</i>	Discussion of tropical diseases, management, epidemiology. Antibiotics, prescription, statistics, future outlook
10.05.2024 11:30 – 13:00 P B	Cancer – epidemiology, statistics, prevention <i>Doc.MUDr. Viola, Vargová, PhD.</i>	Alcohol, recreational drugs
10.05.2024 o 13:00 – 14:30 P B	Prevention of Internal diseases from the perspective of patients with dental diseases <i>Doc.MUDr. Viola, Vargová, PhD.</i>	Basic tests of physical fitness Test.

Requirements for completion :

1. For successful completion of the practical exercises/seminars is required:

- To participate at all of practical exercises, theoretical and practical performance of all exercises/seminars.
- To get at least 60 % of total score for ongoing review of written test or the theoretical training to practical exercises.
- Two absences are allowed /justified/

2. For successful obtained of the credits from subject is necessary:

- To gain the credit from practical exercises (paragraph 1 above).
- Evaluation: Study rules of procedure UPJŠ in Košice, the Faculty of Medicine, Part II, Art13
- The final classification includes the evaluation of the written test and the results obtained in practical exercises

The compulsory and recommended literature:

The author	Title	year
Dzurenková, D., Marček, T., Hájková, M.:	Essentials of Sports Medicine. Bratislava: CU, 2000.,22 pp.	2000
Marček, T. et all.:	Sports Medicine (Manual of Practical Sports Medicine). Bratislava: CU, 1995. 76 p.	1995
Harries, M., Williams, C., Stanish, W.D., Micheli, L.J.:	Oxford Textbook of Sports Medicine. Oxford: Oxford University Press, 1994. 748 p	1994