

## CONTENT OF THE SUBJECT

<b>Subject:</b>	<b>Nursing Care 1</b>		
<b>Study</b>	<i>General Medicine</i>	<b>Study Period:</b>	<i>Winter time</i>
<b>Evaluation:</b>	<i>graduated</i>	<b>Subject Type:</b>	<i>Compulsory</i>
<b>Content:</b>	<i>1 h. lectures and 2h. practical exercises / week</i>		<i>Total 14/28hours</i>

Department: Department of Nursing Care, **UPJŠ FM**

<b>Week</b>	<b>Lectures</b> <a href="https://portal.lf.upjs.sk/index-en.php">https://portal.lf.upjs.sk/index-en.php</a>	<b>Seminars</b>
<b>1.</b>	Introduction of nursing care. Health Care System in Slovakia.	Introduction to nursing care. Health Care System in Slovakia.
<b>2.</b>	Ward unit. Admission, transfer and discharges of patients.	Types of the ward unit. Admitting a patient to a health-care agency, transferring a patient and discharging a patient from a health-care agency.
<b>3.</b>	Management of patient's mobility and immobility – patients position, fall prevention, prevention of immobility.	Bed Making. Positioning the patients, purposes, assessment, planning, settings goals, preparation of equipment, technique.
<b>4.</b>	Disinfection, Sterilization. Infection control – Infectious process. Hospital acquired infection.	Sterilisation and disinfection, excursion in central the sterile supplied department. (Excursion in the hospital).
<b>5.</b>	Vital signs I.	Vital signs (VS) monitoring – pulse, blood pressure, respiration, body temperature. Training on simulators, manikins for VS assessment.
<b>6.</b>	Vital signs II.	Vital signs monitoring – pulse, blood pressure, respiration, body temperature. Training on simulators, manikins for VT assessment.
<b>7.</b>	Patient observation and monitoring.	Training on simulators, manikins for VS assessment. Revue of vital signs monitoring. Practical credit test.
<b>8.</b>	Wound care – wound's characteristics, classification, healing process, wound assessment, dressing's material, wound care.	Types of dressing materials, classification of dressings according to purpose. General principles of dressing.
<b>9.</b>	Chronic wounds, pressure ulcer – prevention and care.	Applying roller bandages for the upper extremity - patients, purposes, assessment, planning, settings goals, and preparation of equipment. Practicing on simulation manikins, torso models.
<b>10.</b>	Fundamentals of nutritional support – screening, assessment, and diagnosis.	Applying roller bandages for the lower extremity - patients, purposes, assessment, planning, settings goals, and preparation of equipment. Practicing on simulation manikins, torso models.
<b>11.</b>	Fundamentals of nutritional care and therapy – unified hospital diet system.	Applying roller bandages for the head, trunk, and the abdominal area - patients, purposes, assessment, planning, settings goals, and preparation of equipment. Practicing on simulation manikins, torso models.

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<b>12.</b>	Perioperative care.	Fundamentals of acute wound assessment and care. Practicing on simulation manikins, torso models.
<b>13</b>	Health care professionals. Education of health care professionals in Slovakia.	Fundamentals of chronic wound assessment and care. Practicing on simulation manikins, torso models.
<b>14.</b>	Revue of Nursing care lecture and practice.	Revue of bandages technics and wound care. Practical credit test.