

ERASMUS+

Department of Nursing Care

The Department of Nursing Care is involved in teacher and student mobility within the Erasmus programme. The following educational institutions are involved in the cooperation: Università degli Studi di Foggia (Italy), Uniwersytet Rzeszowski Wydział Medyczny (Poland), Institut of Physiotherapy and Nursing of Rzeszow (Poland), Uniwersytet Medyczny w Lublinie (Poland), Łazarski Uniwersytet (Poland), State University of Applied Sciences in Przemyśl (Poland), Jan Grodek State University in Sanok (Poland), Faculty of Medical Science (Polsko) University of West Bohemia in Pilsen (Czech Republic), University of Ostrava in Ostrava (Czech Republic), J. E. Purkyně University in Ústí nad Labem (Czech Republic), University of South Bohemia in České Budějovice (Czech Republic), University of Pardubice (Czech Republic), Charles University in Prague, University of Applied Sciences in Bjelovar (Croatia) and Royal College of Surgeons (IE), Hasan Kalyoncu University, Sahinbey/Gaziantep (TR), Universidade Catolica Portuguesa, Faculty of Health Sciences and Nursing (PT), Linköping University, Faculty of Medicine and Health Sciences, Department of Health, Medicine and Caring Sciences (SE), University of Debrecen, Faculty of Health Sciences Faculty of Health Sciences Institute of Health Sciences, Department of Nursing and Integrative Health Sciences Nyíregyháza (HU).



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Department of Nursing Care

2026 Debrecen, Hungary

Internationalization in Practice

We recently welcomed students and faculty from the University of Debrecen, Faculty of Health Sciences, Institute of Health Sciences, Department of Nursing and Integrative Health Sciences in Nyíregyháza to the Department of Nursing. The joint meeting with colleagues from the Department of Nursing at the Faculty of Medicine, UPJŠ, was made possible thanks to the support of the Pannonia Scholarship Program and resulted in many inspiring discussions, the sharing of experiences, and new opportunities for collaboration. The program also included a visit to the Center for Simulation and Virtual Medicine, where participants had the opportunity to try out modern simulation technologies in nursing practice. We believe that such activities strengthen professional growth, international collaboration, and innovative education in nursing.



2026 Linköping, Sweden

As part of the ERASMUS+ program, Assoc. Prof. PhDr. Mária Sováriová Soósová, PhD., and PhDr. Beáta Grešš Halász, PhD., MPH, participated in a mobility program at Linköping University in Sweden (Faculty of Medicine and Health Sciences, Department of Health, Medicine and Caring Sciences) from May 17–22, 2026. The mobility program focused on developing cooperation in research and education in the field of nursing and health sciences. The program included a visit to a simulation center, a presentation on innovative teaching methods, and participation in classes for nursing students. The participants also visited clinical facilities in Linköping and Norrköping.



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2026 Rzeszów, Poland

From April 20–24, 2026, students and experts gathered as part of an international initiative organized by the University of Rzeszów in collaboration with the Jan Grodek State University in Sanok and the State Academy of Applied Sciences in Krosno. Five countries participated in the project: Poland, Slovakia, the Czech Republic, Hungary, and Lithuania. The Department of Nursing at the Faculty of Medicine, Pavol Jozef Šafárik University in Košice, was represented by two faculty members and two students. Participants actively engaged in all phases of the simulation—from the pre-briefing through the simulation itself to the debriefing—and shared their experiences with developing scenarios, checklists, and modern teaching methods. The Simulation Trip provided new inspiration, international contacts, and ideas for the development of simulation-based education. This activity, carried out as part of the ERASMUS+ program, significantly supported internationalization in education, research, and clinical practice.

https://www.facebook.com/photo/?fbid=1595124369141968&set=pcb.1595127192475019&locale=sk_SK



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Department of Nursing Care

2026 Przemyśl, Poľsko

From February 9, 2026 to February 13, 2026, the Department of Nursing at the Faculty of Medicine of Pavol Jozef Šafárik University in Košice was visited by Ms. Kornelia Jaworska - Tomczyk from the State University of Applied Sciences in Przemyśl visited the Institute of Nursing at the Faculty of Medicine of Pavol Jozef Šafárik University in Košice as part of the ERASMUS+ mobility program. She gave interesting lectures on nutrition and physical activity in patients with cardiovascular disease to students of nursing and physiotherapy. As part of the ERASMUS+ mobility program, we exchanged experiences related to teaching, clinical practice, and research, and discussed possibilities for further cooperation. As part of the program, we visited the Center for Simulator and Virtual Medicine at the Faculty of Medicine of Pavol Jozef Šafárik University, which has significantly modernized teaching, and we visited the clinical teaching bases of the Faculty of Medicine of Pavol Jozef Šafárik University, e.g., the East Slovak Institute of Heart Diseases, the Šaca Cardiac Center, and others.



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2026 Przemyśl, Poľsko

As part of the Erasmus+ mobility program, a representative from the State University of Applied Sciences in Przemyśl visited our workplace from January 5 to 9, 2026. He familiarized himself with the educational process and scientific focus of the UPJŠ LF Department of Nursing Care..



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2025 Porto, Portugal

As part of efforts to promote the internationalization of higher education, teachers from the Institute of Nursing at UPJŠ LF visited the Catholic University, Faculty of Health Sciences in Porto, Portugal. <https://www.ucp.pt/faculty-health-sciences-and-nursing-porto>.

Extensive discussions were held on education and research in the field of nursing and possible international cooperation. The visit to the CBQF – Centre for Biotechnology and Fine Chemistry in Porto was also beneficial. <https://cbqf.esb.ucp.pt/>



2025 Sanok, Poland

From June 16 to 21, 2025, doc. PhDr. Mária Zamboriová, PhD., PhDr. Silvia Danková, PhD., MBA, MPH, dipl.s. and PhDr. Martin Červený, Ph.D. participated in Erasmus+ mobility at Jan Grodek State University in Sanok, Poland. This mobility program was a great opportunity to share professional experiences and gain new knowledge in the field of education and research.



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Department of Nursing Care

2025 Sanok, Poland

From 10 to 14 March, the Department of Nursing Care was visited by colleagues from Jan Grodek State University, Sanok, Faculty of Medical Science within the Erasmus+ programme. At the workplace of the Centre for Simulation and Virtual Medicine they trained various simulators designed for teaching in theoretical and clinical subjects and participated in the professional training of students of nursing, general medicine and general medicine.



ERASMUS+

Department of Nursing Care

2025 Przemyśl, Poland

Within the Erasmus+ teaching mobility, a representative from the State University of Applied Sciences in Przemyśl visited our department from 17.2. - 20.2.2025. She got acquainted with the educational process and the scientific focus of the Department of Nursing Care of UPJŠ MF. In the Centre of Simulation and Virtual Medicine she had the opportunity to try out simulation simulators and models focused on nursing interventions.



2024 Gaziantep, Turkey

In May 2024, an Erasmus+ mobility outside the EU took place in Gaziantep, Turkey, at Hasan Kalyoncu University, Faculty of Health Sciences. The university was visited by prof. PhDr. Lucia Dimunová, PhD. and PhDr. Beáta Grešš Halász, PhD., MPH. Mutual meetings with the management of the university and the faculty were mainly focused on the exchange of information on education and project development in the field of nursing. As part of the mobility, the host country organized an international symposium, where interesting presentations of project outputs in the field of transcultural nursing, summaries of master's and doctoral students' theses were made, and common interests in projects in the context of transcultural nursing were identified.



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2024 Prague, Czech republic

Within the Erasmus+ training mobility, the staff of the Department of Nursing Care PhDr. Jana Michalková, PhD., PhDr. Jana Sušinková, PhD. and PhDr. Martina Lacková had the opportunity to gain new experience in the field of education and training of students in the study programme General Nursing and Paediatric Nursing in the conditions of the Czech Republic and to compare them with the system of education in the Slovak Republic. They visited Motol University Hospital and Motol Children's University Hospital and under the supervision of assistant professors they were acquainted with the conditions of practical training of students in model classrooms with the use of simulators as well as in clinical practice (Neurosurgical Clinic for Children and Adults).



2024 Pardubice, Czech republic

From 23.5.-31.5.2024 doc. PhDr. Mária Sováriová Soósová, PhD. and PhDr. Renáta Suchanová, PhD. participated in the ERASMUS+ training at the University of Pardubice. The training included participation in a seminar focused on the improvement and application of new teaching methods in preclinical and clinical settings, simulations in the simulation centre (e.g. simulation of case studies of patient care in internal medicine, instrumentation in the operating theatre) and a workshop aimed at improving the well-being and safety of students and lecturers. During the workshops, common research topics and activities in ethics, spiritual and communication aspects of care were discussed, and in internal medicine nursing, topics related to self-care, medication adherence, and quality of life for patients with cardiovascular disease or other chronic conditions were discussed.

2024 Rzeszów, Poland

The OSCE certification course was held in Rzeszów, Poland, on February 5-7, 2024. The educational activity provided theoretical knowledge and practical skills in creating and administering the OSCE exam, preparing scenarios and cards for student assessment and evaluation. The course included a workshop devoted to the preparation of the room for the assessment of interventions from a practical and technical point of view, the preparation of a simulator or standardized patient for the OSCE, as well as techniques and options for communicating with the student before, during and after the OSCE. The activity was implemented thanks to the Erasmus+ mobility programme. PhDr. Beáta Grešš Halász, PhD.,MPH participated in the programme.

<https://www.facebook.com/MedcamSimulationsSystems>



2023 Brno, Czech republic

Assoc. Prof. PhDr. Mária Sováriová Soósová, PhD. and PhDr. Renáta Suchanová, PhD. took part in training mobility for ERASMUS+ staff at Masaryk University in Brno, Faculty of Medicine, Institute of Health Sciences, in the period 11 June 2023 to 16 June 2023. The aim of the mobility was to gain and exchange new experiences in the field of education in the study programme of nursing in the conditions of the Czech and Slovak Republics, to increase the attractiveness, capacity and international dimension of both organizations in the field of training in the study programme of Nursing, as well as to build a network of international contacts and promote cooperation between the partner institution. The programme included a visit to the simulation laboratories of the Institute of Health Sciences of the Faculty of Medical Sciences of the Medical University of Brno, the Simulation Centre of the Faculty of Medical Sciences of the Medical University of Brno and the clinical departments of the University Hospital Brno Bohunice (Internal Medicine Clinic, Haematology Clinic).



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2023 Rzeszow, Poland

From 09.05.2023 - 10.05.2023 our colleagues from the Department of Nursing Care PhDr. Jana Sušínková, PhD. and PhDr. Silvia Danková, PhD. participated in the Erasmus+ mobility in Rzeszow at Uniwersytet Rzeszowski in Poland. The programme included a visit to a local hospital in the Department of Surgery and Oncology. The visit to the simulation centre was also interesting. Colleagues exchanged experiences on the application of new methods of practical teaching of students in the field of Nursing.



2023 Rzeszow, Poland

At the turn of February and March 2023, the Department of Nursing Care welcomed university lecturers from the State University of Applied Sciences in Przemyśl, College of Medical Sciences of the University of Rzeszow, Poland, within the Erasmus+ mobility programme. During their stay, the students had the opportunity to listen to lectures on topics related to the latest first aid guidelines and practical training of simulations on Body Interact in the premises of the Centre for Simulation and Virtual Medicine. The programme also included a visit to the UNLP medical facility in Košice.



2022 České Budějovice, Czech republic

Within the Erasmus+ mobility, the Faculty of Health and Social Sciences, Institute of Obstetrics, Midwifery and Urgent Care in České Budějovice organized the International Staff Week from 22 to 26 August 2022 focused on the application of simulations in the teaching process. The event was attended by participants from Belgium, Bulgaria, Czech Republic, Ireland, Germany, Hungary, Italy, Poland, Slovakia, Slovenia, Spain and Turkey. During the week, presentations were given focusing on simulations, technological support and the experiences of educational institutions that are developing or applying simulations and virtual reality in education. Ongoing workshops on topics such as debriefing, implementation of simulations in curricula, structure of intervention-oriented scenarios or case studies were beneficial. Participants evaluated the activity as very successful and in the discussion suggested international cooperation and regular meetings to exchange new experiences and thus expand the possibilities for quality education supported by simulations in undergraduate and postgraduate education.



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2022 Bjelovar, Croatia

From 30.5. - 3.6.2022 prof. PhDr. Lucia Dimunová, PhD. and PhDr. Beáta Grešš Halász, PhD., MPH visited Bjelovar University of Applied Sciences in Croatia as part of Erasmus + staff mobility. The mobility was aimed at exchange of information and knowledge regarding educational strategies in the field of nursing in Slovakia and Croatia. The aim of the mobility was to establish mutual cooperation within the framework of exchange visits of teachers and students as well as cooperation between universities at the scientific and research level.



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2022 Sanok, Poland

In the framework of Erasmus+ staff mobility, from 16 May to 20 May 2022 our workplace was visited by representatives of Jan Grodek State University in Sanok, Faculty of Medical Science from Poland, Vice-Rector Dr. Hab. Cipora Alzbieta, dr. Mielnik Aneta, dr. Rogala-Pawelczyk - Grazyna and dr. Jakubowski Krzysztof. The colleagues were welcomed on behalf of the management of the Faculty of Medicine of UPJŠ in Košice by the Vice-Dean for Continuing Education of Healthcare Professionals and Non-Medical Study Programmes doc. MUDr. Jozef Firment, PhD. The colleagues visited the premises of the Department of Nursing Care and got acquainted with the educational process and scientific focus of the department. In the Centre for Simulation and Virtual Medicine they had the opportunity to try out simulation simulators and models focused on nursing interventions. They also got acquainted with the clinical practice at the Children's University Hospital. The outcome of the meeting is planned international cooperation in the field of scientific and professional publishing activities, exchange internships of teachers and students of our universities.



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2021 České Budějovice, Czech republic

In November 2021, within the Erasmus + mobility participated Assoc. PhDr. Lucia Dimunová, PhD. training at the University of South Bohemia, Faculty of Health and Social Sciences, at the Institute of Nursing, Midwifery and Urgent Care in České Budějovice. In the framework of the mobility, mutual cooperation of exchange stays of employees and students in the field of nursing was agreed. Both sides outlined the possibilities of cooperation in scientific research and teaching activities. The exchange of teaching experience in the Simulator Centre was also stimulating.



(from the left prof. PhDr. Valérie Tóthová, PhD. director ÚOP; Mgr. Ivana Chloubová, PhD – Dean ZSF JU a doc. PhDr. Lucia Dimunová, PhD. – Head of department ÚO LF UPJŠ)

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Department of Nursing Care

2021 Ostrava, Czech republic + Plovdiv, Bulgaria

In October 2021, the Department of Nursing Care welcomed university lecturers from the University of Ostrava, Czech Republic, and the Medical University of Plovdiv, Bulgaria, as part of the Erasmus+ mobility programme. During their stay, the second year nursing students had the opportunity to listen to lectures on topics such as quality management, pain and the specifics of nursing care for the pediatric patient. The programme also included a visit to the AGEL Košice-Šaca Hospital as one of the teaching centres of the Faculty of Medicine of the University of Applied Sciences in Košice. The excursion to the Centre of Simulator and Virtual Medicine, where students and teachers have 28 simulators for theoretical and clinical subjects, was also a stimulus for discussion and further cooperation.



2019 Dublin, Ireland

PhDr. Gabriela Štefková, completed a training activity at the RCSI (Royal College of Surgeons in Ireland) in Dublin within the Erasmus + programme from 30 April to 03 May 2019. The activity was focused on the support of project development and international cooperation.



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2018 Ostrava, Czech republic

From 26 to 29 March 2018, the Department of Nursing Care was visited by the staff of the Institute of Nursing and Midwifery, Faculty of Medicine, University of Ostrava within the Erasmus + (Staff Mobility) programme. During this mobility, topics focused on quality management and patient safety in the nursing study programme were lectured. The programme included a tour of the workplaces of the Faculty of Medicine of the UPJŠ in Košice, the University Hospital Luis Pasteur, the Children's University Hospital and the East Slovak Institute of Heart Diseases in Košice. During the visit there was a mutual transfer of knowledge in the field of teaching and research.



2017 Bucharest, Romania

From 21 to 25 November 2017 PhDr. Gabriela Štefková, participated in the Erasmus + transnational cooperation activity called Strategic Partnerships Plus "Innovation in Education" in Bucharest (Romania). The meeting was attended by 60 participants from more than 20 countries (Lithuania, Latvia, Estonia, Portugal, Spain, Malta, Canary Islands, Slovakia, Romania, Greece, France, Turkey, Macedonia, Belgium, Bulgaria, Croatia, Poland, England, Cyprus, Austria, Germany). The transnational activity focused on educational innovation and support for the development of strategic partnership projects in the countries of the European Union.



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2016 Kaunas, Lithuania

The teaching mobility under the Erasmus+ was completed by PhDr. Gabriela Štefková, in the summer semester of the academic year 2016/2017 in the Baltic country Lithuania. At the Lithuanian University of Health Science, Nursing and Care Department, Kaunas she had the opportunity to see the simulation workplaces and participate in the professional teaching of students. The stay in the host organization contributed to her personal and professional development and became an opportunity for collaboration with the Department of Nursing.



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2016 Palermo, Italy

A contact seminar entitled "European cooperation to promote intergenerational and intercultural exchange in non-formal and formal contexts" was held in Palermo, Italy, from 13 to 15 October 2016 within the Erasmus+ programme. The meeting was attended by 50 participants from 44 countries. Plenary sessions were held during the working days, in which lectures were given to provide information on various international projects in the field of education and migration. The outcome of the meetings was the acquisition of contacts at international level for possible cooperation on adult education in a multicultural context. Another outcome of the working meeting is the membership in the international organisation CESIE - European Centre of Studies and Initiatives.

