

CONTENT OF THE SUBJECT

Subject:	Nursing Care 1		
Study	<i>General Medicine</i>	Study Period:	<i>Winter time</i>
Evaluation:	<i>graduated</i>	Subject Type:	<i>Compulsory</i>
Content:	<i>1 h. lectures and 2h. practical exercises / week</i>		<i>Total 14/28hours</i>

Department: Department of Nursing Care, **UPJŠ FM**

Week	Lectures https://portal.lf.upjs.sk/index-en.php	Seminars
1.	Introduction of nursing care. Health Care System in Slovakia.	Introduction to nursing care. Health Care System in Slovakia.
2.	Ward unit. Admission, transfer and discharges of patients.	Types of the ward unit. Admitting a patient to a health-care agency, transferring a patient and discharging a patient from a health-care agency.
3.	Infection control – Infectious process. Hospital acquired infection – Nosocomial infection.	Bed Making. Positioning the patients, purposes, assessment, planning, settings goals, preparation of equipment, technique.
4.	Disinfection, Sterilization – Methods of disinfection and sterilization.	Sterilisation and disinfection, excursion in central the sterile supplied department. (Excursion in the hospital).
5.	Vital signs I.	Vital signs (VS) monitoring – pulse, blood pressure. Training on simulators, manikins for VS assessment.
6.	Vital signs II.	Vital signs monitoring – pulse, blood pressure, respiration, body temperature. Training on simulators, manikins for VT assessment. Revue of vital signs monitoring. Practical credit test.
7.	Patient observation and monitoring. Diagnostic Testing.	Types of dressing materials, classification of dressings according to purpose. General principles of dressing. Applying roller bandages for the upper extremity - patients, purposes, assessment, planning, settings goals, and preparation of equipment. Practicing on simulation manikins, torso models.
8.	Wound care - wound's characteristics, classification, healing process, wound assessment, dressing's material, wound care.	Applying roller bandages for the lower extremity - patients, purposes, assessment, planning, settings goals, and preparation of equipment. Practicing on simulation manikins, torso models.
9.	Chronic wounds – pressure ulcer – prevention and care.	Applying roller bandages for the head, trunk, and the abdominal area - patients, purposes, assessment, planning, settings goals, and preparation of equipment.

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		Practicing on simulation manikins, torso models.
10.	Fundamentals of nutritional support.	Revue of bandages technics. Practical credit test.
11.	Basic of administering medication	Basic rules of administering medications, types of medications, medication preparation.
12.	Administering parenteral medication	Administering an intradermal injection.
13	Health Care professional. Education of health care professionals in Slovakia.	Administering a subcutaneous injection.
14.	Revue of Nursing care lecture and practice.	Revision of practical skills.