

PJ Safarik University in Kosice, Faculty of Medicine
Department of Social and Behavioural Medicine

SYLLABUS

Academic year 2026/2027

Course: **Social Medicine**

Study Programme: General Medicine

Course Type: Compulsory

Content: Lectures/Practical Lessons

Evaluation: Exam

Type of study: daily

Study Period: 3rd semester

Length of the course: 14/28

Credits: 3

<i>Week</i>	<i>Lectures – Wednesday 16:15-17:00 - P4</i>	<i>Practical Lessons</i>
1. (38.) 16.09.-18.09.	Social medicine and its place in past, current, and future medical practice. <i>Zuzana Katreniakova, MD, PhD</i> 16.09.2026	Introduction – informing students about the course content and the conditions for completing the course. <i>Alexandra Husivargova Theofanidis, PhD et PhD</i>
2. (39.) 21.09.-25.09.	Global health: challenges and opportunities. <i>Iveta Rajnicova Nagyova, PhD</i> 23.09.2026	Unemployment and homelessness as a health and social problem. <i>Alexandra Husivargova Theofanidis, PhD et PhD</i>
3. (40.) 28.09.-02.10.	Behavioural and cultural insights for health. <i>Iveta Rajnicova Nagyova, PhD</i> 30.09.2026	Dependence on cigarettes, alcohol, and other substances as a health and social problem. <i>Pavol Mikula, PhD</i>
4. (41.) 05.10.-09.10.	Social determinants of health and related inequalities. <i>Zuzana Katreniakova, MD, PhD</i> 07.10.2026	Health of children and adolescents. Child abuse and neglect in healthcare. <i>Vladimira Timkova, PhD</i> groups: 7, 2 transfer, 5, 9, 6, 10, 1 Selected health and social aspects of people with mental disabilities. <i>Zuzana Katreniakova, MD, PhD</i> groups: 3,1 transfer, 12, 2, 4, 11, 8
5. (42.) 12.10.-16.10.	Patient-reported outcomes and health-related quality of life. <i>Iveta Rajnicova Nagyova, PhD</i> 14.10.2026	Health of children and adolescents. Child abuse and neglect in healthcare. <i>Vladimira Timkova, PhD</i> groups: 3,1 transfer, 12, 2, 4, 11, 8 Selected health and social aspects of people with mental disabilities. <i>Zuzana Katreniakova, MD, PhD</i> groups: 3,1 transfer, 12, 2, 4, 11, 8
6. (43.) 19.10.-23.10.	Social medicine in the digital age. <i>Pavol Mikula, PhD</i> 21.10.2026	Family violence against adults across the lifespan: from intimate partner violence to elder abuse – implications for healthcare management. <i>Vladimira Timkova, PhD</i> groups: 3,1 transfer, 12, 7, 2 transfer, 9, 11, 1 The specifics of health and social care for people in older age. <i>Zuzana Katreniakova, MD, PhD</i> groups: 2, 4, 5, 8, 6, 10

<i>Week</i>	<i>Lectures – Wednesday 16:15-17:00 - P4</i>	<i>Practical Lessons</i>
7. (44.) 26.10.-30.10.	Comprehensive approaches to health promotion and health protection. <i>Zuzana Katreniakova, MD, PhD</i> 28.10.2026 30.10.2026 Dean's Day off	Family violence against adults across the lifespan: from intimate partner violence to elder abuse – implications for healthcare management. <i>Vladimira Timkova, PhD</i> groups: 2, 4, 5, 8 The specifics of health and social care for people in older age. <i>Zuzana Katreniakova, MD, PhD</i> groups: 3,1 transfer, 12, 7, 2 transfer, 9, 11
8. (45.) 02.11.-06.11.	Disease prevention – Why it matters? <i>Zuzana Katreniakova, MD, PhD.</i> 04.11.2026 02.11.2026 Rector's Day off	Health-related social issues of minority populations: the specifics of health and social care for migrants and the Roma population. <i>Alexandra Husivargova Theofanidis, PhD et PhD</i>
9. (46.) 09.11.-13.11.	Non-pharmacological interventions for prevention and management of diseases. <i>Dagmar Breznoscakova, MD, Ph.D</i> 11.11.2026	Visits of selected social care facilities in Kosice.
10. (47.) 16.11.-20.11.	Value-based, patient-centred and integrated care. <i>Iveta Rajnicova Nagyova, PhD</i> 18.11.2026	Non-substance addictions as a health and social problem. <i>Pavol Mikula, PhD</i>
11. (48.) 23.11.-27.11.	Social prescribing as a key component of universal personalized care. <i>Zuzana Katreniakova, MD, PhD.</i> 24.11.2026	Selected health and social aspects of people with physical and hearing impairments. <i>Alexandra Husivargova Theofanidis, PhD et PhD</i>
12. (49.) 30.11.-04.12.	Health systems as a determinant of health. (political, social, and cultural) <i>Zuzana Katreniakova, MD, PhD.</i> 02.12.2026	Selected health and social aspects of people with sensory - visual impairments. <i>Alexandra Husivargova Theofanidis, PhD et PhD</i>
13. (50.) 07.12.-11.12.	Evidence-based social medicine. <i>Iveta Rajnicova Nagyova, PhD</i> 09.12.2026	The specifics of health and social care for people in the end-stage of disease. <i>Zuzana Katreniakova, MD, PhD</i>
14. (51.) 14.12.-18.12.	Perspectives for future health systems and policies. (health workforce) <i>Zuzana Katreniakova, MD, PhD.</i> 16.12.2026	Case studies: students' presentations. Checking the conditions for passing the exam and students' feedback on the course. <i>Vladimira Timkova, PhD</i> <i>Pavol Mikula, PhD</i>

Requirements for passing the course:

1. A minimum attendance of 10 practices and 5 lectures.

Non-participation in practical lessons shall be properly excused by the teacher, who shall determine a substitute in the corresponding form. The student may replace the excused practical exercises within three weeks at most during the semester (UPJS FM Study rules, Internal regulation No. 3/2016, Art. 12,7).

The proper declaration of non-participation has to be brought in the week following non-participation in the practical lesson.

If the student arrives more than 15 minutes after beginning the practical lesson, he/she has to substitute it in another group, or it will be considered as non-participation in a practical lesson.

If the student arrives late to a lecture, it will be considered non-participation, as each lecture lasts only 45 minutes and late arrival is not permitted.

2. Successful completion of the final test (minimum 60 points).

A	91 - 100
B	84 - 90
C	75 - 83
D	68 - 74
E	60 - 67

Recommended literature:

1. NAGYOVA I, KATRENIAKOVA Z (eds.). Textbook of Social Medicine. SafarikPress Publishing, Kosice. 2019.
2. BOCCIA S, VILLARI P, RICCIARDI W (eds.). A Systematic Review of Key Issues in Public Health. Springer International Publishing Switzerland. 2015. ISBN 978-3-319-13620-2.
3. DETELS R, GULLIFORD M, ABDOOL KARIM Q, TAN CC. (eds.) Oxford Textbook of Global Public Health. Oxford University Press; 6th edition. 2015. ISBN-13: 978-0198810131.
4. NAYOVA I (ed.). Measuring health and quality of life in the chronically ill. Kosice, Slovakia, EQUILIBRIA Ltd. 2009.

*Zuzana Katreniakova, MD, PhD.
Last update: 25.09.2026*