General Information			
Course name:	Psychology	ECTS Credits	5
		Semester	winter

## **Aims**

The main aim of this course is to get basic theoretical overview in the domains of general psychology and to understand basic psychological terminology.

Partial aim is development of critical and creative thinking. Students will get knowledge base important for understanding other subjects in social science occuring during their study such as social psychology, psychology of cultural and ethnic diversity, organisational behavior or human resource management.

## Contents

- 1. Introduction to psychology, historical roots, schools of psychology
- 2. Biological bases of mental processes, genetics and heredity.
- 3. Psychological development, periodization of psychological development, selected theories, moral development.
- 4. Cognitive processes, perception, attention, memory, thinking, problem solving, language, consciousness, unconsciousness, sleep, learning.
- 5. Emotions, their function, categorization, relationship of emotions and cognitions
- 6. Motivation, theories, models, systems.
- 7. Personality, structure, typology of personality traits, temperament, character, intelligence, creativity, selected theories of personality.
- 8. Psychological disorders, international classification, clinical psychology.

## **Evaluation**

For the students admission to examination is necessary to participate in agreed consultations and to present original powerpoint presentation in selected topic (about 10 min.). Presentation could be combined with creative technics. In addition to recommended bibliography it is possible to use also other academic literature. The presentation will be evaluated with the point scale 0-10. In the case that student will be not prepared for presentation or the presentation will have inadequate quality, student will be not permitted to oral examination. The final evaluation will consist of an oral exam. Grading scale: A, B, C, D, E, Fx

## **Bibliography**

BERNSTEIN, D., PENNER, L. A., CLARKE-STEWART, A. & ROY, E. 2011. Psychology, 9th edition. Cengage Learning.

CARDUCCI, B. J. 2009. The Psychology of Personality: Viewpoints, Research, and Applications. John Wiley & Sons.

HUNT, M. 2009. The Story of Psychology, 2nd edition. Knopf Doubleday Publishing Group.

NEVID, J. S. 2012. Psychology: Concepts and Applications. Cengage Learning.

REISBERG, D. (Ed.). 2013. The Oxford Handbook of Cognitive Psychology. Oxford University Press.

WEINER, I. B. (Ed.). 2012. Handbook of Psychology. John Wiley &Sons.