



## Legend:

### New sports:

- **Bouldering** – basics of rock climbing – meeting room (inside institute) – **Tuesday: 15,00 – 16,30**
- **Chess** – compositional chess, practical chess, chess basics – chess room (inside institute) – **Monday: 13,30 – 17,30**
- **D2S** – Drop 2 sizes –bodyweight and kettlebells exercises– GYM Studio (inside institute) – **Wednesday: 14,30 – 15,30**
- **Run For Fit** – recreational running, outside institute – **Wednesday: 16,00 – 17,00**

### Abbreviations :

**Ae** – aerobics – step, beginners, body form

**Ba** – basketball

**Be** – bedminton

**Fb** – floorball

**Sw** – swimming

**SM-system**

**Yg** – yoga

**Pil** – pilates

**IF** – indoor football

**Te** – tennis

**TT** – table tennis

**Vo** – volleyball

**Gw** – gym workout

**Bouldering**

**D2S** – drop 2 sizes

**Run For Fit**

**Chess**

### Teachers:

Mgr. Buková Alena, PhD.

Mgr. Horbacz Agata

PaedDr. Staško Imrich

doc. PhDr. Šulc Ivan, CSc.

PaedDr. Uher Ivan, PhD.

Mgr. Valanský Marek

**Bk**

**Hb**

**Sš**

**Šu**

**Uh**

**Va**

Mgr. Bakalár Peter, PhD.

Mgr. Küchelová Zuzana

Mgr. Matúš Ivan, PhD.

Mgr. Dračková Dana, PhD.

Mgr. Kaško Dávid

Mgr. Zelko Aurel, PhD.

**Bl**

**Ku**

**Ma**

**Dr**

**Ka**

**Ze**