

**Course information**  
**Sport activities – summer term 2020/2021**  
**Sport activities II./ IV./ VI.**  
**Outdoor activities**  
**Hiking**

**Contacts:**

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**Registration**

Use AIS 2 for enrolment in SPORT ACTIVITY. Once you have enrolled in the course, you have to select „Outdoor activities“ (See the hike schedule). To complete registration, choose a particular date via: „Register for exam“. Registration will be closed at 12 AM one day prior to the event.

- Outdoor activities are scheduled between April 9, 2021 and May 29.
- Pre-scheduled dates are April 9, 16, 23 (Fridays) and May 15, 22, 29.(Saturdays).
- Equipment requirements: hiking shoes (avoid improper shoes), rain protection (raincoat), additional clothes and layering packed in a waterproof bag, first aid kit, some cash, health insurance card, water, food
- Trails are subjected to change based on the weather condition and hiking restrictions. Students will receive a confirmation email (UPJS student account) no later than the evening time before the hike.
- Competition requirements: Student must register and participate in three hiking events.

Additional information

- Transportation fees to the meeting point is at the student's expenses.
- The minimum number of students registered for the hike is 10; otherwise the hike will be cancelled (Check your UPJS mail account).
- In case of the unfavourable weather forecast, the hike might be cancelled (check your UPJS mail account).
- The UPJS does not take any responsibility for expenses related to hiking injuries.
- It is recommended to have hiking insurance for the particular date.
- See the hike schedule here:
- It is mandatory for students to use only UPJS mail account to communicate with teachers (name.surnam@student.upjs.sk).

**Course information**  
**Sport activities – summer term 2020/2021**  
**Sport activities II./ IV./ VI.**  
**Outdoor activities**  
**Cycling**

**Contacts:**

<b><u>Cycling</u></b>	Mgr. Dávid Kaško PhD., <a href="mailto:david.kasko@upjs.sk">david.kasko@upjs.sk</a> Mgr. Ladislav Kručanica, PhD. <a href="mailto:ladislav.krucanica@upjs.sk">ladislav.krucanica@upjs.sk</a>
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**Registration**

Use AIS 2 for enrolment in SPORT ACTIVITY. Once you have enrolled in the course, you have to select „Outdoor activities“ (See the cycling schedule). To complete registration, choose a particular date via: „Register for exam“. Registration will be closed at 12 AM one day prior to the event.

- Outdoor activities are scheduled between April 9, 2021 and May 29.
- Pre-scheduled dates are April 9, 16, 23 (Fridays) and May 15, 22, 29 (Saturdays).
- Equipment requirements: bicycle (eventually road bike) in top condition, helmet (students will not be allowed to participate without a helmet), bike tools, extra tube, bike pump, health insurance card, water, food
- Routes are subjected to change based on the weather condition and regulations related to the public entry in the forests.
- Students will receive a confirmation email (UPJS student account) no later than the evening time before the hike.
- Competition requirements: Student must register and participate in three cycling events.

**Additional information**

- The minimum number of students registered for the event is 3; otherwise the event will be cancelled. (Check your UPJS mail account).
- In case of the unfavourable weather forecast, the event might be cancelled (check your UPJS mail account).
- The UPJS does not take any responsibility for expenses related to cycling injuries.
- It is recommended to have additional insurance for the particular date.
- See the cycling schedule here:
- It is mandatory for students to use only UPJS mail account to communicate with teachers (name.surnam@student.upjs.sk).