

Sport Activities Time - table
ÚTVŠ UPJŠ KOŠICE
Summer term 2020/2021

	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Mon	online														
	online							SM	Hb						
	online							Ae B	To	Ae A	Bk	BF	Bk		
	online			HWB	Br		HWA	Br		HWB	Br		HWA	Br	
	online						chess		chess		chess	← Vo, Pa			
Tue	online														
	online					Yg	Hb		Yg pw	To	Step	Bk, To			
	online			HWA	Kr		HWB	Kr		HWA	Kr		HWB	Kr	
	online														
Wed	online														
	online							Yg pw	To	Ae B	To	Ae A	Bk	BF	Bk
	online							Pil	Hb						
	online			HWB	Čg		HWA	Čg		HWB	Čg		HWA	Čg	
Thu	online														
	online							Pil	Hb		Step	Bk, To			
	online										Yg	Hb			
	online			HWA	Ka		HWB	Ka		HWA	Ka		HWB	Ka	
Fri	online														
	online														
	online			HWB	Me		HWA	Me		HWB	Me		HWA	Me	

Legend
Abbreviations:

HW B	home workout beginners
HW A	home workout advanced
Ae B	aerobic beginners
Ae A	aerobic advanced
Step	step aerobic
Yg	Yoga
Yg pw	Power Yoga
Pil	Pilates
SM	SM system
BF	Body Form

Teachers:

Mgr. Berta Patrik	Br
Mgr. Buková Alena, PhD.	Bk
Mgr. Čurgali Marcel	Čg
Mgr. Horbacz Agata, PhD.	Hb
Mgr. Kaško Dávid PhD.	Ka
Mgr. Kručanica Ladislav, PhD.	Kr
Bc. Melichar Richard	Me
Mgr. Tomkova Petra, PhD.	To
prof. RNDr. Vokál Stanislav DrSc. ext.	Vo
prof. RNDr. Pandula Blažej PhD. ext.	Pa