

Traineeship

A. Basic rates of individual support for students for a <u>long-term mobility and top-ups</u>:		
Target country	Grant/month - study mobility	
Denmark, Finland, Ireland, Iceland, Lichtenstein, Luxemburg, Norway, Sweden, Belgium, Cyprus, France, Greece, Netherlands, Malta, Germany, Portugal, Austria, Spain, Italy	670	
Bulgaria, Croatia, Czech Republic, Estonia, Lithuania, Latvia, Hungary, Slovenia, Poland, Romania, the Republic of North Macedonia, Serbia, Turkey	620	
The mobility participants with fewer opportunities are entitled to a top-up amount of € 250 / month above the basic grant.		
Students can opt for green travel. In this case, they will receive a single contribution of EUR 50 as a top-up to the individual support and, if necessary, a maximum of 4 days of additional individual support to cover travel days for a return trip.		
B. Basic rates of individual support for students for a short-term mobility and top-ups:		
Participants of short-term mobilities (5-30 days) are entitled to individual support for physical mobilities, including travel days, regardless of the target country:		
Target country	Day 1-14	Day 15-30
	Grant/day	Grant/day
All programme countries	70	50
Mobility participants with fewer opportunities are entitled to a top-up amount of € 100 above the basic rate for a physical mobility lasting 5-14 days and of € 150 for a physical mobility lasting 15-30 days.		
Support for travel costs is granted to participants with fewer opportunities. The travel grant is covered by a special range of fixed amounts according to the distance bands valid for the whole program:		
Distance band	Standard travel	Green travel
From 10 to 99 km:	23 EUR/participant	
From 100 to 499 km	180 EUR/participant	210 EUR/participant
From 500 to 1 999 km:	275 EUR/participant	320 EUR/participant
From 2 000 to 2 999 km:	360 EUR/participant	410 EUR/participant
From 3 000 to 3 999 km:	530 EUR/participant	610 EUR/participant
Od 4 000 to 7 999 km:	820 EUR/participant	
8 000 km or more:	1 500 EUR/participant	

Student mobilities to the United Kingdom

Traineeship

- available only for **long-term mobilities**
- period of implementation: **until 31.5.2023**
- financial support: **720 eur/month**